



# TRISARA

## ROYAL TRISARA

**3 Therapists, 6 Hands, 90 minutes**

### **Our Signature Massage**

A unique combination of Traditional Thai Massage, Swedish massage and Acupressure.

This is a soft-to-medium massage for the mind, body and soul.

The Royal Trisara begins with a wonderful foot scrub using the finest lemongrass essential oil and organic sea salt. Following this, the guest lays face down whilst 6 hands are gently placed on the back settling the body's energy. A gentle Thai massage starts at both feet and the shoulders, all hands working with perfect synchronicity.

Thai herbal hot compresses are then applied to specific parts of the body easing away stress and tension. As muscles relax and the world's worries fade away, a combination of Thai and Swedish massage strokes are used with highly nutritious, organic jojoba oil. Various long strokes are mixed with acupressure using 6 hands, forearms and elbows; all delivered in perfect, orchestrated harmony.

The treatment is finished with warm organic coconut oil slowly poured on the forehead in the Shirodhara style whilst the therapist gently wipes it back into the hair. This nourishing oil is then gently massaged into the scalp and neck.

The new benchmark for massage therapy; using three uniquely skilled therapists, with six hands moving together as if driven by one heart.

**Duration : 90 minutes**  
**Spa : 14,900 baht++**



## Accolades

*Two hands make a massage. Four double that pleasure. Adding ten more talented fingers turns an already indulgent treatment into a uniquely special treat. For ninety blissful minutes, all three therapists harmonize their elongated Swedish strokes, paying special attention to sore muscles and jet-lagged joints with the pressure point precision of Thai massage. Seamlessly coordinated, this ultimate hands on attention lulls even the most stressed guest into holiday happiness, Trisara style.*

**Cynthia Rosenfeld, Contributing Editor, Conde Nast: The Traveler Magazine**

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*The Trisara Royal Massage was truly one of the most uniquely pleasurable experiences I have ever had. The three therapists worked in complete harmony to carry me away to a level of pleasure I have never felt in a spa before.*

**Kyoko Sekine, esteemed Travel writer, Japan**